



Camarillo Academic Olympics  
Speech Coaches Handbook

## SPEECH COACHES

Please plan to attend a Speech Coach Workshop conducted by the CAO Speech Coordinator. This will give guidelines to help coaches better prepare students for the speech competition.

Division I Coaches - Plan to have an initial meeting with your students in November, ideally before Thanksgiving Break, to be sure that they have a topic selected for their EXPOSITORY speech. Planning an individualized introduction and writing a rough draft of the speech should begin before your Thanksgiving break. Do Not wait on this!

Division II Coaches - Meet with your students in November, ideally before Thanksgiving Break, and encourage them to select their story for their STORYTELLING speech and begin practicing and memorizing their story.

Be sure to announce and encourage students to attend one of the Speech Student Workshops (November 13, 20 and December 4, 2019) at the Boys and Girls Club (1500 Temple Ave).

Speech Competition Rounds:

- **Round 1 - School Site Competition: January 21-24, 2020**

One, two, possibly three rounds will be held at your school campus. Speaker's numbers will be assigned randomly. Set up of props and posters are done by the speaker without assistance. After all rounds are concluded, student's scores from each round are totaled. The speaker with the lowest total wins.

- **City Preliminary Round - February 10-14, 2020 Held at the Boys & Girls Club:**

Speakers from all schools will meet and compete in the same fashion as above. Speaker's numbers will be assigned randomly. Scoring of ballots will follow the site method.

- **City Final Round - March 5, 2020 (held at City Hall):**

Speakers will represent those from the B/G Club round. Speaker's numbers will be assigned randomly. Scoring will follow the site method.

Enjoy your TEAM and have a GREAT CAO Season!

## SPEECH DIVISION II (Grades 4 and 5) INSTRUCTIONS

### STORYTELLING SPEECH

**1. General:** Students are required to deliver a **Storytelling Speech** that is a minimum of three minutes to a maximum of four minutes in duration on a subject of their own choosing. The primary purpose of the speech is to **tell the audience your favorite story**. The story may be your own or you may use a published story. When you are choosing your story, consider stories with a dialogue that is happy and humorous, so that you may present with more than one voice or stories with animal sounds or sounds of engines, etc. You need to present the speech as though you are telling it to children that are in kindergarten or first grade. When making your selection, consider the length of the story and ask your teacher for assistance if you need to cut out unnecessary parts. You may also write or tell a story that is written in the first person. Consider a favorite bedtime story that your parents used to read. **No props or costumes are allowed.** The speaker must have a copy of the speech, that they are presenting, available at each level of the competition (the judges may wish to review it). It may be necessary to present the speech up to three times before different judges and with different groups of students. **The judges will start timing the speech after the speaker has announced the title of the story, bowed their head and begins to speak.** There will be a penalty for speeches that are less than three minutes or longer than four in duration. The speaker shall not mention their name at any time during their presentation. A number will be assigned to each speaker and all reference to that speaker will be by that number during the competition.

**2. Examples:** See the next page for examples of typical Storytelling Speech titles.

**3. Judging:** Each speaker will be judged on the following: effective delivery (enthusiasm, poise, facial expression, eye contact, and gestures), clarity of voice (volume, timing, and pronunciation), content (creation of mood, creation of characters, and unity), and time of speech (remember there will be a penalty for speeches outside the time limits). See speech coach for further guidance.

**4. Procedures:** Speakers are randomly placed into groups for each round of the competition. Students will be judged relative to the other speakers in their group and round. The "best" speaker of the round receives a "1"; the second, a "2"; and so on. Judges cannot award tie placements. Rounds are organized with different groups of students, different judges, and different speaking orders. All speakers must arrive on time for each round. **Speakers must present the same speech in all rounds of the competition.** After all of the rounds have been conducted - from one to three rounds, depending on the total number of speakers entered - student scores from each round will be totaled. The speaker with the lowest total score wins.

**5. Workshops:** Ms. Pat Craig, a retired Speech coach from the Pleasant Valley School District will conduct workshops for all students on Nov. 13, 20 and Dec. 4 @ 6:00 pm at the Camarillo Boys and Girls Club located on the corner of Ponderosa and Temple Avenue. Students should attend one workshop for specific details, guidance, and to get questions answered.

Note: Due to space restrictions at the schools and Camarillo Boys and Girls Club, **visitors / parents will not be permitted in the rooms during Round I and City Preliminary competition.** Visitors are encouraged to attend the Finals competition at Camarillo City Hall located on Carmen Drive near Ponderosa.

**DIVISION II (Grades 4th and 5th) STORYTELLING SPEECH  
EXAMPLES OF SPEECH TITLES**

Giant Jam Sandwich	The Littlest Angel
The Wolf's Chicken Stew	Miss Nelson Has A Field Day
Froggy Gets Dressed	There's A Nightmare In My Closet
Arthur Babysits	The Little Match Girl
If You Give A Moose A Muffin	The Paper Bag Princess
Napping House	Tacky The Penguin
Morris And Boris At The Circus	Where The Wild Things Are
Teacher From The Black Lagoon	The Lion Who Wouldn't Brush His Teeth
The Ugly Step Sister	Teddy Bears Go Shopping
The Little Polar Bear	Double Trouble
Just Go To Bed	There's An Alligator Under My Bed
Angelina Ballerina	What Do You Do With A Kangaroo
A Good Knight For Dragons	If You Give A Mouse A Cookie

## SPEECH DIVISION I (Grades 6, 7, and 8) INSTRUCTIONS

### EXPOSITORY - DEMONSTRATION SPEECH

**1. General:** Students are required to deliver an **Expository - Demonstration Speech** that is a **minimum of four minutes to a maximum of five minutes** in duration on a subject of their own choosing. The primary purpose of the speech is to inform the audience on the subject of the speaker's choice or to demonstrate how to do something. The **speech must be original**, i.e., written by the student. The speaker **must have a copy of the speech**, that they are presenting, available at each level of the competition (the judges may wish to review it). It may be necessary to present the speech up to three times before different judges and with different groups of students. **The use of props or visual aids is required**. During the speech, the speaker may apply special makeup or costumes as needed. Live animals may not be used. The speaker may not call upon any other person to participate in the setup or in the presentation of their speech. **The judges will start timing the speech after the speaker has announced the title / topic of the speech, bowed their head and begins to speak.** There will be a penalty for speeches that are less than four minutes or longer than five minutes in duration. **The speaker shall not mention their name at any time** during their presentation. A number will be assigned to each speaker and all reference to that speaker will be by that number during the competition.

**2. Examples:** See the next page for examples of typical Expository - Demonstration Speech topics.

**3. Judging:** Each speaker will be judged on the following: effective delivery (enthusiasm, poise, facial expression, eye contact, and gestures), clarity of voice (volume, timing, and pronunciation), content (unity, originality, and creativeness), effective use of props and posters, and time of speech (remember there will be a penalty for speeches outside the time limits). See speech coach for further guidance.

**4. Procedures:** Speakers are randomly placed into groups for each round of the competition. Students will be judged relative to the other speakers in their group and round. The "best" speaker of the round receives a "1 "; the second, a "2"; and so on. Judges cannot award tie placements. Rounds are organized with different groups of students, different judges, and different speaking orders. All speakers must arrive on time for each round. **Speakers must present the same speech in all rounds of the competition.** After all of the rounds have been conducted - from one to three rounds, depending on the total number of speakers entered - student scores from each round will be totaled. The speaker with the lowest total score wins.

**5. Workshops:** Ms. Pat Craig, a retired Speech coach from the Pleasant Valley School District will conduct workshops for all students on Nov. 13, 20 and Dec. 4 @ 6:00 pm at the Camarillo Boys and Girls Club located on the corner of Ponderosa and Temple Avenue. **Students should attend one workshop** for specific details, guidance, and to get questions answered.

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**DIVISION I (Grades 6th, 7th and 8th) EXPOSITORY- DEMONSTRATION SPEECH**  
**EXAMPLES OF SPEECH TOPICS**

"How To" Speech Topics

How To Care for a Pet  
 How To Bathe a Dog  
 How To Choose Your Friends  
 How To Play a Musical Instrument  
 How To Pitch a Baseball  
 How To Make Your Parents Happy  
 How To Draw  
 How To Make a Sandwich  
 How To Organize Your Room  
 How To Make a Salad  
 How To Be a Magician  
 How To Get an "A" in Class  
 How To Make Friends  
 How To Get a Boy / Girl To Like You  
 How To Make a Puppet  
 How To Juggle  
 How to Dance  
 How To Wrap a Present  
 How To Throw a Party  
 How To Pack For Camp  
 How To Behave in a Nice Restaurant  
 How To Start a Club  
 How To Make "No-bake" Desserts  
 How To Get Elected To ASB  
 How To Cover a Book  
 How To Dress To Impress  
 How To Budget  
 How to Change a Bike Tire  
 How to deal with a Little Brother/Sister

"To Inform" Speech Topics

Dragons  
 Cowboys  
 Comets  
 Musical Instruments  
 Whales  
 Shoes Over The Centuries  
 Mummies  
 Tallest In The World (Mountains, Buildings)  
 Castles  
 Bermuda Triangle  
 Great Athletes  
 Circus Animals  
 Sea Animals  
 Zoo Animals  
 Animals Of Africa  
 Dogs that Make Good Pets  
 The Great War  
 Interesting Sights In The U.S.A.  
 Automobiles  
 Heroes & Heroines  
 Athletes  
 Dinosaurs

## THINGS TO CONSIDER FOR EXPOSITORY SPEECHES

When writing your speech:

- The primary purpose of the speech is to inform the audience about a topic or to demonstrate how to do something.
- Select a topic you already know.
- Speech must be original, i.e., written by the student
- Write your speech before winter break and begin memorizing
- Start with your Title and then say "a self-written speech"
- If quoted words are used, be sure to cite your source.
- Refer to the 'Useful Transitions and Linking Expressions' (next page). Stay away from the temptation to use first, second, etc. and don't repeat the same transitions
- Your speech must be 4 to 5 minutes in duration
- You must bring a copy of your speech each day you present
- You must use the same speech for all rounds of the competition

When preparing your speech:

- Use of props and posters are required
- Rehearse often and practice how to use your props, posters, or costumes
- You will need to set up your own props and posters
- Movement area: Props can be placed on a table in front of you
- Posters may be mounted on the board or wall behind you
- You may move between these two locations.
- Costumes, (i.e. apron, make up, or a wig) must be put on during your speech (as needed)
- Start with your Title and then say "a self-written speech" in a clear voice, pause a moment, and then present your speech (judges will start timing the speech after you announce the title and begin to speak)
- Your speech may have to be presented two or three times on the day you compete, this means more judges will get to see your talents.

## Useful Transitions and Linking Expressions

Transitions which can be used to show location:

above across against along among around	behind below beneath beside between beyond	by down in back of in front of inside into	near off onto on top of outside over	throughout to the right under
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Transitions which can be used to show time:

about after at before during	first second third till until	meanwhile today tomorrow next week yesterday	soon later afterward immediately finally	then next as soon as when
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Transitions which can be used to compare two things:

in the same way similarly	likewise like	as also
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Transitions which can be used to contrast things (show differences):

but however even so	yet on the other hand still	although even though otherwise
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Transitions which can be used to emphasize a point:

again to repeat	for this reason in fact	truly to emphasize
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Transitions which can be used to conclude or summarize:

as a result finally in conclusion	therefore in summary lastly	in short to sum up all in all
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Transitions which can be used to add information:

again also additionally	in addition another and	besides for example for instance	moreover next finally	as well along with
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## JUDGING FOR EXPOSITORY SPEECHES

Each speaker will be judged on the following:

### DELIVERY:

- **Enthusiasm:** Do you appear eager to present this speech?
- **Poise:** Do you know where your props and posters go? Are you arranging them without fumbling? Time does not start until you are set up, but do it quickly.
- **Facial Expressions:** Use your facial expressions to convey your characters personality or mood.
- **Eye Contact:** Yes, you will be picking up props and pointing to your posters, but do not forget to look at your audience. Let your eyes roam around the room. Do not look directly at your judges.
- **Gestures:** Pointing at your posters, picking up props, placing a hat on.

### VOICE:

- **Volume:** Can everyone in the room hear you when you present? Let your speech dictate when to raise your voice and when to soften your tone. If asking a question, raise your voice at the end. Starting off softer with the answer may make your audience lean in for the information.
- **Timing:** When you have a funny or a scary part to your speech, remember to pause and let your audience react. If your speech is to inform and you are delivering facts ... stop every once in awhile and use an example (or point to your poster) to illustrate what it is you are showing them. Changing the tempo within your speech will help the audience pay attention. Remember to keep your gestures well timed to your words.
- **Pronunciation:** Say all syllables in a difficult word. You are writing this speech, don't use words you cannot pronounce. If you choose to use a dialect or a rhyming pattern, be sure to slow down and let your audience follow your message!

### CONTENT:

- **Unity:** Can the Judge hear a clear beginning to your speech? (ie: a catchy or interesting first paragraph?) Do not ask a question in your first line .... This will turn 50% of the audience off. By the middle of your speech you should be on topic. Here is a time to give examples and use your props and posters. Your conclusion, like all good writing, should refer back to a point you made in your first paragraph. Keep it short.
- **Originality:** You are writing this speech. Make it sound like you. If you like using humor with your friends, use it here. Humor or suspense requires the speaker to talk slower in parts, so the audience can understand.
- **Creativeness:** This comes through in so many ways. It starts with your introductory paragraph, moves through your timing of information, causes you to create interesting posters, and continues in your use of costumes or props while you speak, and ends with a great conclusion.

NOTE: (Character Portrayal)

- If you have written your speech as a Nutty Professor, a TV Cook, or a person with a dialect you must keep this Character going throughout your entire speech. You also must speak slowly so the audience can understand you.
- If you have written a humorous speech, remember to make your audience laugh. You should not laugh as you deliver the speech. Also, pause and let the audience laugh at your jokes.

EFFECTIVE:

- Use of Props: Your props should be limited in number. You will have a small table or a desk top to arrange them on. Place them in the order you will need as you present the speech. If nervous while speaking, the props will help you to stay on track so you do not forget a point.
- Use of Posters: Posters should be regular size (24 x 36). The items on the posters (2) should be large enough for the audience to see. Items on the poster should be labeled and placed in order. Stepping aside and pointing to your posters during your speech will help to keep you on topic and will improve your poise.
- Props and Posters should be appropriate (Do they fit your topic?)
  - Can the audience read them?
  - Are they clean and well organized?
  - Do you actually use them during your speech?

REMEMBER: At all locations, students must set up their own props and posters, without help from friends or parents. Be sure to have your own tape or push pins. Practice makes perfect!

NOTE: Come to the workshops at the Camarillo Boys and Girls Club for more information about creating your Expository speech. See the CAO General information letter for this year's dates.

TIME MANAGEMENT:

- Setting up of props and poster is not timed.
- The speech may be on the table as you perform, but you may not read it.
- Say your title and "a self-written speech" in a clear voice. **\*Do not state your Name!**
- Pause a moment, and then present your speech.
- Timing begins with the first line of the speech.
- There is a one point penalty for speeches going over the time limit of 5 min.
- You must have a copy of your speech each time you present.